

# BRUNCH

Served 8am – 12pm

## PASTRIES/FRUIT/GRANOLA

Croissant, butter, jam (v)	2-
Fruit danish pastry	3-
Almond croissant	3-
Toasted Tea bun, butter	3-
Granola, berries & yogurt (v)(n)	7-

## CLASSICS

Bubble, streaky bacon or vegan , fried egg, sourdough toast	9-
Brunch Bloomer – Great Garnetts sausage, bacon, fried egg (gf+)	7.5
AProtein Big Breakfast - smoked salmon, grilled halloumi, smashed avocado, chill, lime, scrambled eggs, rocket, sourdough toast (gf+)(N)	12-
Big Breakfast – Great Garnetts sausage, 2 bacon, grilled tomatoes, field mushroom, Heinz baked beans, hash brown, 2 toast & eggs your way (gf+)	10-
– Add black pudding	1.5-
Light Breakfast - Great garnetts sausage, mushroom, beans, 1 bacon, eggs your way, toast	8-
Vegan bacon, smashed avocado, chilli, lime, sunsweet tomatoes, watercress, toasted sourdough	10-

Acanteen is a family-run restaurant and bar, established in 2001 and headed up by myself (Emma) and my Mum (Brenda) and headed up by Alex (restarant manager & Toby (Head Chef)

When we first started Acanteen 18 years ago, around the corner on New London Road we struggled for a while to think of a good name for our concept. We knew that we liked the word Canteen as it conjured up a place that appealed to everyone of all ages and tastes, informal and relaxed but we wanted to bring something more personal to the name. Mums very first sandwich bar in Braintree was called Alphonsus after her dad - Grandad James Alphonsus Mahoney.

# A CANTEEN

Served 8am – 3pm

## ALL DAY FAVOURITES

Eggs Benedict (freerange ham)	8.5
Eggs Royale (smoked salmon)	9-
Spicy Eggs Benedict, chorizo, avocado, chipotle hollandaise	9-
Buttermilk Pancakes, banana, fruit compote maple syrup (v)	8-
– Add bacon	2-
Smashed avocado, chilli, lime, lemon, toasted sourdough, 2 poached eggs (v)(vg+)(gf+)	9-
+feta	2-
+bacon	2-

## JUICES & KOMBUCHA

Picklehouse Bloody Mary (Hackney)	8-
Kombucha / Passion fruit/Original/Ginger	4.5
Soothe/Orange, Kiwi, Mango, Ginger	4-
Vitalizer/Pineapple, Mango, Orange, Passionfruit	4-
OAP/ Orange, Apple, Pear	4-
Eat Your Greens/Apple, Spinach, Watercress, Celery	4-
Detox/Carrot, Apple, Celery, Ginger, Lemon	4-
Superfood Detox – Carrot, wheatgrass Shot, Apple, Celery, Ginger	5-

He was an amazing, inspiring, hard working and kind man and we like to think that's where Mum and I get our entrepreneurial spirit from. Our family background on my Grandad Jim's side was in fruit and vegetable market stalls and shops around Islington where he traded for many years. Alphonsus got shortened to A and Acanteen was born.

Since our launch every single member of staff has contributed to our growing family tree which is the backbone of the Acanteen ethic, playing a big part in the quality of service which we strive to give each and every one of our valued customers.

# ALL DAY / NIGHT

A  
CANTEEN

Served from 12 midday

## SMALL PLATES

Herb olives, garlic & sunsweet tomatoes	3-
Stone baked garlic Bread with cheese	3.5
Salt & pepper chilli squid	7-
Garlic, rosemary & sundried tomato focaccia,oils	4-
Pork crackling beer apple sauce	5-
Sausage roll, homemade brown sauce	5-
Scotch egg, piccalilli	5-
Lamb, mozzarella croquettes, harissa aioli	7-
½ pint Atlantic prawns, dill mayonnaise	7-
Crispy seitan wings, sirrachia (vg)	7-
Halloumi fries, smoked ketchup (v)	6-

## SHARERS

Fish Sharer – Prawns, smoked mackerel, chilli salt calamari, salmon mousse, salmon gravlax, dill cream cheese, crab mayonnaise, toasted foccacia	16-
Best of Brisith charcuoterie & cheese	16-
Allotment Sharer – Avocado hummus, sunsweet tomato hummus, garlic herb sunsweet tomato olives, spicy tortillas (v) (vg+)	13-

## STONE BAKED PIZZA

The Pigs – ham hock, streaky bacon, apple sauce, Bishops stilton, watercress	14.5
Fiorentina - tomato, fresh mozzarella, parma ham, tender stem broccoli, spinach, black olives, egg	13-
Woodman – wild mushrooms, Westcombe cheddar, red onion, chervil, tarragon (v)(vg+)	12-
Allotment – butternut squash, kale, mozzarella, chilli, sage pesto (v)(vg+)	12-
Aunty Marg – mozzarella, tomato, basil (v)(vg+)	9-
– Add Suffolk salami or ham	2-
Swap any cheese for Vegan cheese	+ 1-

## LARGE PLATES

Braised short rib, mac & cheese	12-
8oz ribeye steak, crispy duck egg, black olive butter, watercress & shallot salad	19.5
Whole baked fish (Ask for todays catch), herb butter, fennel, black olive & sundried tomato salad	17.5
ACANTEEN Fish, chips & peas, tartar sauce	13-
Chicken caesar salad, cos lettuce, anchovies, garlic croutons, egg	12-
Vegan green curry, cauliflower rice broccoli asparagus edamame beans, pak choi, coriander pickled scotch bonnets, crispy tofo (vg)	13.5

## BURGERS & DOGS

Aburger, pancetta, cheddar	9-
Crispy vegan burger, garlic v mayonnaise avocado	9-
Buttermilk chicken burger, sirrachia mayonnaise	9-
Vegan jackfruit dog, mustard, bbq sauce, matchstick potatoes, coriander (vg)	8.5
Pizza dog, pepperoni, marinara sauce, mozzarella, crispy onions, basil	8.5
Fishfinger Bloomer, tartare, salad	8-

## FRIES & SIDES

Skin on fries	3-
Rosemary salt fat chips	3.5
Sweet potato wedges	3.5
Mixed salad	3-
Buttered greens	2.5
ASlaw	2.5

Allergies: Please inform your waiter if you are allergic to any food items before you order. We cannot guarantee the absence of allergens in our dishes, due to food being prepared in our kitchen where allergens are present. Please be aware that we use nuts in our kitchen. Please note a charge of £1.50pp will be added if you wish to bring your own celebration cake.

(v) vegetarian  
(vg) vegan  
(vg+) vegan option available

(gf) gluten free  
(gf+) gluten free option available  
(n) Contains Nuts