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35 New London Road • Chelmsford • Essex • CM2 0ND • 01245 205889

A
DRINK

— BAR MENU

Herb Olives	2.95
Ham hock terrine, Pickles, Toasted Sourdough, Piccalilli	6.50
Warm Scotch Egg, Piccalilli	4.95
Warm Sausage Roll, Red Onion Marmalade	4.95
Stone Baked Garlic Bread with Cheese	3.95
Crispy Seitan wings, spicy sauce, garlic mayo (vg)	6.50

SHARERS

Fish Sharer Soft shell crab tempura, Salmon Gravalax, Salt chilli calamari, Salmon mousse, anchovies, Toasted Foccacia	14.95
Meat Sharer Scotch Egg, Sausage Roll, Ham Hock terrine, Chicken Liver Pate, picallii , toasted foccacia	14.95
Allotment Sharer (v) (vg+) Avocado hummus, sunsweet tomato hummue, garlic & herb olives, spicy tortillas (v) (vg+)	12.95

DESSERTS

Rhubarb, apple, ginger nutty crumble, home made stem ginger ice cream (V)(N)	6.95
Salted caramel crunch cheesecake, vanilla cheesecake (v)	6.95
White chocolate cheesecake, strawberry ice cream (v) (gf)	6.95
Raw vegan chocolate brownie, white chocolate ice cream (vg) (n)	6.95
Hot waffle, chocolate sauce, vanilla ice cream (v)	6.95
Trio of poco gelato sorbets (Leigh On Sea) Blood orange, Bitter chocolate, Lemon (v) (gf)	4.95

— COFFEE

Our craft coffee is locally roasted by The Coffee Officina.

Our blend – 'THE FIORI ESPRESSO' from Central America & East Africa

Macchiato	2.30
Americano	2.60
Flat White	2.80
Cappuccino	2.60
Latte	2.60
Mocha	2.95
Matcha Latte	3.25
Chai Latte	2.95
Cold Brew (Minor Figures - London) Mocha/Latte	3.50

Choose your milk – Almond / Soya / Coconut / Oat – add 40p

— COFFEE SYRUPS

Add any of the Following Syrups to any coffee for an extra 60p

Sugar Free Vanilla / Sugar Free Caramel / Salted Caramel / Hazlenut / Honeycomb

— TEA

Novus Leaf Tea	2.95
White Pear & Ginger / Egyptian Mint / Persian Pomegranate	
English Breakfast / Spiced Chai / Sapphire Earl Grey / Green	
Tea for One	2.00
Fresh Lemon, Ginger & Honey Tea	3.25
Hot Chocolate with Cream	3.15

— CAKE

Baked fresh each day! Ask your server for Today's selection or visit our Bakeshop

- go have a peek to see what you fancy!

— COCKTAILS

If you would like a cocktail which is not on our menu please ask our server.

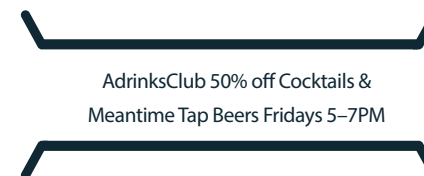
Mocktails available too.

CLASSIC

Espresso Martini	8.00
Absolut vanilla, Kahlua, Creme de Cacao, Double Espresso	
Old Fashioned	8.00
Makers Mark, Brown Sugar, Angostora Bitters	
Whiskey / Amaretto Sours	8.00
Chivas Regal / Amaretto, Lemon, Lime, Egg White, Maroschino Cherry	
Mojito	8.00
Havana Blanco, Lime, Mint, Sugar, Soda	
Strawberry Daquiri	8.00
Havana Blanco, Strawberries, Lime	

NEW COCKTAILS

Raspberry & Mint Collins	8.00
Beefeater Gin, Chambord, Creme de Menthe, Lemon, Soda	
Hendrick's Cooler	8.00
Hendricks Gin, Cucumber, Lime, Elderflower Bubbly	



— BEERS & CIDERS

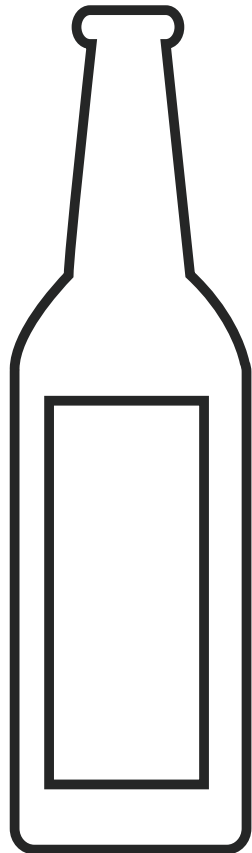
MEANTIME DRAUGHT BEERS

2.50 / 4.95

Meantime London Lager
Meantime Pale Ale
Meantime Seasonal Special

BOTTLED BEERS & CIDERS

Five Points Pils (500ml can)	6.00
Crate Lager (Hackney)	4.60
Estrella Daura (gf)	4.60
Bitburger Alcohol Free	3.50
Aspalls Suffolk Draught	4.50
Crate Cider (Hackney)	4.60



CHECK OUT OUR BAR FOR SEASONAL BEER & CIDER SPECIALS

— THICKSHAKES

4.25

Seasonal Berry / Vanilla / Oreo / Malteaser / Chocolate
Banana & Honey / Brownie

— FRESHLY MADE JUICES

3.95

Apple
Orange
Carrot

Soother – Orange, Kiwi, Mango, Ginger
Vitalizer – Pineapple, Mango, Orange, Passionfruit
Brunch Berry Smoothie – Apple, Banana, Yoghurt, Muesli
OAP – Orange, Apple, Pear

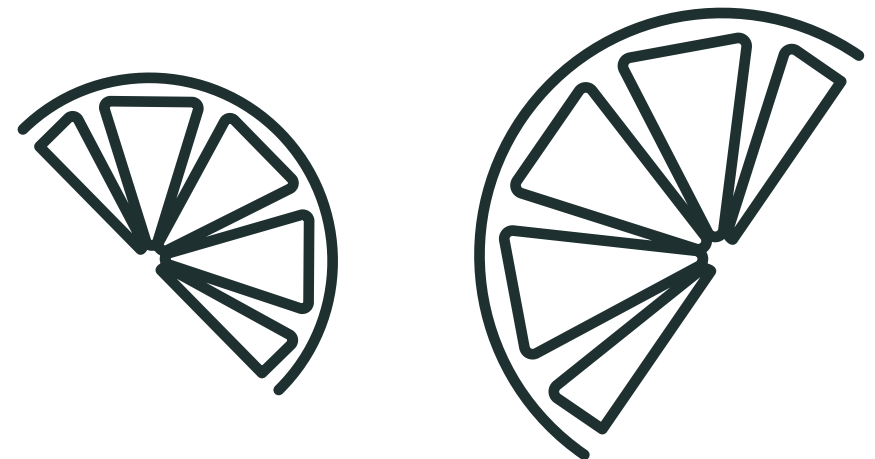
— RAW VEGETABLE JUICES

Eat Your Greens – Apple, Spinach, Watercress, Celery	3.95
Detox – Carrot, Apple, Celery, Ginger, Lemon	3.95
Superfood Detox – Carrot, Wheatgrass Shot, Apple, Celery, Ginger	4.95

— HEALTH & FITNESS

4.95

Paleoberry – Strawberry, Banana, Coconut Milk, Vanilla
Daily Burn – Hemp, Peanut Butter, Cocoa, Almond Milk, Banana



— SOFT DRINKS

NEW! Dalston's Soda - Natural & less sugar than mainstream brands	
Orange / Cherry / Lemon / Elderflower	2.60
NEW! Square Root Seville & Mandarin Soda	3.40
Fountain of Youth Coconut Water	3.50
Rock's Organic Cordial	1.00
Orange / Blackcurrent / Lime	
Coca-Cola & Diet Coke 330ml	2.60
Fevertree Mixers	1.80
Lemonade / Soda / Tonic / Slimline Tonic / Ginger Ale	
Still / Sparkling Water	3.95



— SPIRITS

APERITIFS		SCOTTISH WHISKY	
St Germain Elderflower	2.50	BLENDED	
Pimms No 1	4.00	Chivas Regal 12 year old	3.50
Martini Extra Dry	2.50		
PORTS & SHERRIES		SINGLE MALT	
Cockburns Special Reserve	4.00	Glenkinchie	4.00
Taylors Lbv	4.00	Talisker	4.50
Bristol Cream	3.00		
Tio Pepe	3.00	IRISH WHISKEY	
GINS		Jamesons	3.25
Beefeater	3.00	WHISKEY & BOURBON	
Hendricks	3.50	Canadian Club	3.00
Plymouth	3.00	Jack Daniels	3.00
VODKAS		Makers Mark	4.00
Absolut	3.00	TEQUILA	
Absolut Citron	3.20	Jose Cuervo Gold	3.00
Absolut Vanilla	3.20	LIQUEURS	
RUMS		Kahlua Salted Caramel	3.00
Havana Especial	3.00	Amaretto Disaronno	3.00
Spiced Captain Morgan	3.00	Baileys	4.00
DIGESTIFS		Chambord	2.50
Remy Martin VSOP	3.00	Southern Comfort	3.00
Hennessy VS	6.50	Kahlua	3.00
Remy XO	13.00	Limoncello	2.50

175ml 250ml Bottle

— WHITE WINES

1_ Blanc de Blanc 'Sentier' SOUTH AFRICA (v) lemon/refreshing/dry	4.10	6.00	16.00
2_ Grand Cape Chardonnay SOUTH AFRICA (v) clean/unoaked/tropical	4.95	6.50	18.00
3_ Roos Estate Sauvignon Blanc SOUTH AFRICA (v) rich/fresh/textured	4.95	6.50	18.00
4_ Verdicchio Monte Schiavo Classico ITALY (v) apricot/mineral/textured			20.00
5_ Torre dei Vescovi Pinot Grigio ITALY (v) floral/pear/balanced	6.00	8.60	23.00
6_ Neptune Point Sauvignon Blanc, NEW ZEALAND melon/pineapple/lively	6.75	8.95	28.00
7_ Albarino 'Lagar de Bouza' NEW ZEALAND lime/flint/crushed fruit			30.00

— ROSÉ WINES

8_ Domaine Roman Grenache Gris Rosé, Pays d'Oc FRANCE (v) GRIS-TEXTURE/CREAM/STRAWBERRY	5.30	7.20	20.00
9_ La Vie En Rose, Cinsault Rosé, IGP Pays d'Oc FRANCE (v) RASPBERRY/SPICE/CHERRY	5.70	8.30	22.00
10_ OUT OF AMERICA ZINFANDEL ROSE, USA STRAWBERRIES/RASPBERRIES/BALANCED SWEETNESS	5.25	7.50	21.00

175ml 250ml Bottle

— RED WINES

11_ 'Sentier' Rouge SOUTH AFRICA (v) ripe/spice/uncomplicated			16.00
12_ Primordial Soup Red SOUTH AFRICA rich/cherry/bloody	4.10	6.00	17.00
13_ Percheron Shiraz Mourvèdre SOUTH AFRICA (v) raspberry/blackcurrent/game	4.90	7.00	18.00
14_ Malbec 'Stones Throw' CALIFORNIA (v) dark/mineral/chocolate	5.00	7.30	19.00
15_ Montepulciano d'Abruzzo ITALY (v) violet/structured/pizza			20.00
16_ Adobe Reserve, Merlot CHILE - ORGANIC! ruby/black pepper/damson	5.70	8.20	22.00
17_ Cabaret Frank & the Tale of the Marvellous Moustache CALIFORNIA (v) plum/cherry/fine	6.00	8.70	23.00
18_ Syrah 'Zeven' SOUTH AFRICA fresh/ripe/bold			24.00
19_ Quara Estate Malbec ARGENTINA (v) dark/big/rich	6.50	8.65	28.00

— CHAMPAGNES & SPARKLING WINE

20_ NUA Prosecco, Veneto ITALY (v)	7.00		26.00
21_ NUA sparkling Rose Veneto ITALY (v)			26.00
22_ Thomson & Scott Skinny Prosecco ITALY (v)			36.00
23_ Louis Roederer Brut Champagne (v)			80.00
24_ Laurent Perrier Rose Champagne (v)			70.00