

# ACANTEEN SUNDAY MENU

Sunday 9AM - 5PM

(V) vegetarian  
(VG) vegan  
(VG+) vegan option available  
(GF) gluten free  
(GF+) gluten free option available

Allergies: Please inform your waiter if you are allergic to any food items before you order. We cannot guarantee the absence of allergens in our dishes, due to food being prepared in our kitchen where allergens are present. Please be aware that we use nuts in our kitchen. Please note a charge of £1.50pp will be added if you wish to bring your own celebration cake.

Follow us

acanteen.co.uk  
Acanteen  
@acanteen



## BRUNCH

<b>SPICY BAKED EGGS, TOASTED RYE</b>	<b>7.95</b>
<b>PANCAKE STACK (V)</b>	<b>6.95</b>
With Berries, Banana & Maple Syrup	
- ADD BACON	<b>2.50</b>
<b>ACANTEEN BIG BREAKFAST (GF+)</b>	<b>8.95</b>
Cumberland Sausage, Bacon, Eggs your way, Grilled Tomato, Field Mushroom, Heinz Beans & Toast	
- ADD CHORIZO	<b>2.00</b>
- ADD BLACK PUDDING	<b>1.00</b>
<b>ACANTEEN BIG VEGGIE BREAKFAST</b>	<b>8.95</b>
Vegetarian Sausage, (V)(GF+) Eggs your way, Grilled Tomato, Field Mushroom, Heinz Beans & Toast	
<b>PROTEIN BOWL (V+)(VG+)(GF)</b>	<b>8.95</b>
Brown Rice, Garlic Sautéed Spinach, Poached Egg with a choice of Marinated Tofu or Smoked Salmon	
<b>EGGS BEN/ ROYALE/ FLORENTINE(V)</b>	<b>7.50</b>
<b>MEXICAN BENEDICT (GF+)</b>	<b>8.50</b>
Chorizo, Chipotle, Avocado, Poached Eggs, Hollandaise & Toasted Muffin	
<b>SMASHED AVOCADO, CHILLI, LEMON, TOAST (V)(VG+)(GF+)</b>	<b>7.95</b>
Rye / Bloomer	
- ADD EXTRA POACHED EGG	<b>1.00</b>
<b>SMOKED SALMON SCRAMBLED EGGS(GF+)</b>	<b>9.50</b>
<b>BIG BREAKFAST BRIOCHE (GF+)</b>	<b>5.95</b>
Bacon, Sausage & Egg	
<b>VEGGIE BREAKFAST BRIOCHE (V)</b>	<b>5.95</b>
Veggie Sausage & Egg	
<b>VEGAN SAUSAGE BLOOMER (VG)(V)</b>	<b>5.95</b>
<b>GRANOLA &amp; YOGHURT BOWL (V)</b>	<b>4.95</b>
Low Fat Yoghurt, Honey, Granola & Berries	

## ROASTS

FROM 12PM

All served with Roast Potatoes, Yorkshire Pudding & Seasonal Veg	
<b>BEEF</b>	<b>13.95</b>
<b>LAMB</b>	<b>13.95</b>
<b>KIDS ROAST</b>	<b>7.95</b>
<b>VEGETARIAN ROASTED MUSHROOM(N) &amp; NUT WELLINGTON</b>	<b>13.95</b>

## SMALL PLATES

<b>STONE BAKED GARLIC BREAD</b>	<b>2.95</b>
- ADD CHEESE	<b>0.55</b>
<b>MARINATED OLIVES (VG)</b>	<b>3.40</b>
<b>TURMERIC SPICED CHICKEN WINGS</b>	<b>5.95</b>
<b>MUSHROOM CROQUETTE, (V)</b>	<b>5.95</b>
<b>SWEET CHILLI DIP</b>	
<b>WARM SCOTCH EGG, PICCALILLI</b>	<b>4.50</b>
<b>WARM SAUSAGE ROLL, RED ONION MARMALADE</b>	<b>4.50</b>
<b>SOUP WITH RUSTIC BREAD (V)(GF+)</b>	<b>4.50</b>
<b>CAULIFLOWER TAHINI(VG)(GF)(N)</b>	<b>6.95</b>
Coriander, Chilli	

## SIDES

<b>SWEET POTATO WEDGES (V)(GF+)</b>	<b>4.00</b>
<b>SKIN ON FRIES (VG)(V)(GF+)</b>	<b>3.00</b>
<b>BREAD &amp; BUTTER (VG+)(V)(GF+)</b>	<b>2.00</b>

## LARGE PLATES

<b>FISH &amp; CHIPS</b>	<b>12.95</b>
Tartar Sauce, Mushy Peas	
<b>GREAT GARNETS HAM, (GF) EGG &amp; CHIPS</b>	<b>8.95</b>
- ADD BREAD & BUTTER	<b>2.00</b>

<b>A VIETNAMESE STYLE CURRY</b>	<b>14.50</b>
Lime, Coriander, Chilli	
- Choose a Protein	CHICKEN / TOFU (V)(VG)
- Choose a Carb	RICE / QUINOA
- KIMCHI	

## PIZZA

<b>THE PIGS</b>	<b>14.95</b>
Great Garnets Pulled Pork & Streaky Bacon, Brambly Sauce, Bishop Stilton, Crackling & Watercress	
<b>MARRAKECH (N)</b>	<b>14.95</b>
Local Lamb, Feta, Tomato, Chilli, Coriander, Pine Nuts	
<b>PE-KING</b>	<b>14.95</b>
Hoi Sin, Plum Sauce, Mozzarella, Duck, Spring Onion, Cucumber & Sesame Seeds	
<b>CAULI-KALE CHEESE (V)(VG+)(N)</b>	<b>12.95</b>
Kale, Cauliflower, Cheese, Pomegranate, Pine Nuts, Spicy Coriander Dressing	
<b>EATILY (V)(VG+)</b>	<b>10.95</b>
Tomato, Mozzarella, Fresh Basil	
ADD SUFFOLK SALAMI//GARNETS HAM	<b>2.00</b>

## BURGERS

<b>ACHICKEN BURGER (GF+)</b>	<b>11.95</b>
Grilled Chicken Fillet, Avocado, Blue Cheese, Bacon Jam, Chips	
<b>ACANTEEN BURGER (GF+)</b>	<b>11.95</b>
Chipotle Mayo, Chips, Coleslaw	
- ADD BACON & CHEDDAR	<b>2.00</b>
<b>LOCAL LAMB KOFTA BURGER (GF+)</b>	<b>11.95</b>
Grilled Halloumi, Tzatziki, Chips	
Rose Harissa, Crispy Lettuce Leaves	

<b>BEEF BRISKET BURGER (GF+)</b>	<b>11.95</b>
With Brioche Bun, Onion Ring, Mustard, Dill Pickle, Chips	
<b>LENTIL &amp; BLACK OLIVE BURGER (V)(VG+)(GF+)</b>	<b>11.95</b>
Whipped Feta with Dill, Mint & Parsley, Crispy Lettuce, Spicy Tomato Relish, Chips	

## DESSERTS

<b>WARM CHOCOLATE BROWNIE (V)</b>	
White Chocolate Poco Gelato	<b>5.45</b>
<b>BAKED BANNOFFEE CHEESECAKE (V)</b>	
Milk Chocolate Sauce	<b>5.95</b>
<b>SPICED CARROT CAKE (V)(GF)(N)</b>	
Honeycomb Gelato or Custard	<b>5.95</b>
<b>PEAR FRANGIPAN (V)(N)</b>	
Crumble Topping & Custard	<b>5.95</b>
<b>RAW VEGAN BROWNIE (VG)(N)(GF)</b>	
Fresh Fruit	<b>5.95</b>
<b>ORGANIC POCO GELATO (LEIGH ON SEA) 3 SCOOPS</b>	
CHOCOLATE /STRAWBERRY /VANILLA /	<b>4.95</b>
/WHITE CHOCOLATE /HONEYCOMB /	
/CLOTTED CREAM	
ADD WARM CHOCOLATE SAUCE	
<b>GODMINSTER ORGANIC CHEDDAR (V)</b>	<b>1.50</b>
Seasonal Chutney & Crackers	<b>5.95</b>

~~~~~  
2 FOR 1 PIZZA WEDNESDAYS  
From 5PM

~~~~~  
2 FOR 1 BURGER TUESDAYS  
From 5PM  
~~~~~