

GRAINS

Market Fruit Bowl Honey & yogurt (v)(g) or dairy free coconut Arla yogurt & maple (vg)(g)	9-
Toasted Super Seed Fruit & Nut Granola Coconut & fresh berries yogurt & honey or dairy free coconut Arla & maple (vg)(g)(b)(n)(J)(K)	9.5
ACAI Almond cacao, acai, toasted coconut, banana & mixed berries (J)(vg)	7.7
Croissant Ham & cheese jam & butter (b)(m)(d)(g)	6.5 4.5
Smoked Salmon & Cream Cheese Croissant (b)(m)(d)(g)(e)	9.5

CLASSICS

Small Breakfast 1 sausage, 1 bacon, A beans, 1 tomato, eggs your way 1 mushroom, sourdough toast (b)(e)(d)(g)(i)(n)	10.5
Big Breakfast 2 sausage, A beans, 2 bacon, 1 hash, 1 tomato, 1 mushroom 2 eggs your way, sourdough toast (b)(e)(d)(g)(i)(n)	15.95
Vegan Breakfast Plant based sausage & bacon, hash, tomato, mushroom, sourdough toast, vegan Scramble or choose eggs your way (vg)(b)(m)(d)(m)	15.95
Gluten Free Breakfast 2 sausages, 2 bacon, smashed avo, mushroom, tomato eggs your way (g)(d)(gf)	15.95
Pesci Plate Smoked salmon bagel, poached eggs, smashed avo (e)(b)(d)	14-
Hash Benny Poached egg, hollandaise with ham/haloumi/Salmon	10/12.50/15

WAFFLES, PANCAKES & SANDOS

Southern Fried Chicken & Waffles Garnetts black treacle cured bacon & maple syrup (d)(g)(b)	13.5
AMAC Muffin Sausage pattie, grilled cheese, bacon, hash browns (b)(g)(d)(g)(n)	11-
Buttery Bacon Brioche (b)(d)(g)	5.5
Cumberland Sausage SANDO Caramelised onion chutney (b)(d)(g)(n)	6.5
Traditional French toast Nutella, banana & praline, cinnamon sugar	8-
Buttermilk Pancakes	3 stack 9- / 5 stack 13-
Yogurt, honey & fresh berries (v) or maple & bacon	
Vegan Pancakes (vg)	3 stack 9- / 5 stack 13-
Dairy free Arla coconut yogurt & fresh berries or maple & vegan bacon (vg)(b)	

TOAST TOPPERS 2 slices of toasted sourdough (b)(v) Gluten free + 1-

Confit garlic portobello (gf)(vg)	2-	Boston style home made baked beans	3-
Smoked rindless Bacon x 2 (gf)	2.5	Vegan sausage	1.5
Gluten Free cumberland x 1 (gf)	2.5	Smoked salmon	4.5
Vegan Not Bacon (vg)	4-	Sausage patty	4.5
Vegan scramble (vg)(m)	4-	Eggs your way (v)(gf)(d)	3-
Vegan black Pudding (vg)(b)	3.5	Waffle (v)(b)	1.5
Vegan feta (vg)(gf)	3-	Chorizo (b)	2.5
Black pudding (b)	2.5	Feta (v)(g)	3-
Hash brown x 2 (v)(b)	2-	Smashed Avocado, lime (vg)	4-
Grilled beef tomato, thyme (vg)(gf)	2.5	Grilled Halloumi (g)(gf)	4-
Breakfast sausage	2.5	Pancake x 1 (vg)	2-
		Hollandaise (i)(b)(g)	1.5

LARGE PLATES | SOURDOUGH PIZZA | BUNS

Fish & Chips Catch of the day, triple cooked chips, mushy peas, tartare, rocket & lemon	17-
House Reuben Salt beef, sauerkraut & gouda	12-
Grilled Chicken Club Triple toastie, grilled chicken, bacon, lettuce, tomato, garlic mayo (b)(d)(g)(k)(1)	10-
House Burger 6oz Angus beef burger pattie, cheese, lettuce, tomato, A burger sauce, crispy fried onion & dill pickle, toasted brioche, fries (b)(d)(g)(e)	16-
SFC Burger Southern fried chicken, lettuce, tomato, A burger sauce, dill pickle, brioche, fries (d)(b)	16.5
Boozey Battered Seitan Burger Vegan fried seitan, lettuce, tomato, A Burger Sauce, crispy fried onions & dill pickle (vg)(B)	16.5
Amalfi Pizza Parma ham, mozzarella, olives, fresh basil (b)(g)	14-
The Smoking Pig Pizza Garnett's guan charlie, smoked hock, pancetta lardons, gorgonzola & burnt apple (b)(g)	14.5
Aunt Marg Tomato, mozzarella, fresh basil (b)(g)	10.5
Fungi Pizza Wild, portobello & flat, vegan cheese (v)(d)(g)(vg)	12.5

SALADS

Lamb Kofta Lebanese style lamb, tabbouleh, lavish bread, tzatziki	12.5/16.5
Cob Salad Spinach, gem, tomato, corn, vegan feta, cucumber, avocado, house dressing (vg)	11-
Organic Rosemary Focaccia Hummus, harissa, falafel, mint, sumac, zucchini, spring onion, lemon, tahini salad (vg)(b)(1)	12.5
Burrata Globe artichoke, radish, walnut, endive & salsa verde salad (g)(V)(J)(n)	13.5
Crispy Hoi Sin Duck Spring Salad Spring onion, sesame, cashew watermelon, daikon, watercress, chilli & coriander (b)(J)(n)(1)	12.5/16.5

SIDES

Dirty Fries American cheese sauce, crispy fried onion, chives (b)(bg)(v)(g)	5-
Triple Cooked Chips Chipotle (b)(bg)(v)(g)	6-
Skin on fries (b)(bg)(v)	3.5
Posh Chips (b)(bg)(v)(g)	6-
Mac n Cheese (b)(bg)(v)(g)	6-

DESSERTS

Summer Pudding cream & seasonal berries (vg)(d)	7-
Buttermilk Panna Cotta raspberries, shortbread (v)(b)(d)(g)	
Triple Chocolate Brownie vanilla ice cream & chocolate sauce (b)(d)(g)(n)(v)	
Sweet Waffle caramelised banana, biscoff & Sea salted caramel sauce (b)(d)(g)	
Essex Spirits Co Strawberry Gin jam Bakewell Tart clotted cream (v)(d)(b)(J)	